



TIME SCHEDULE SAEN ROLLERTROPHY 5 - 7 APRIL 2019

FRIDAY 5 APRIL 2019			
Rink open	09.15 h		
TRAINING Free skating with music: Choose Short or Long Program (Tots & Mini Long Program)			
		Subject to, anticipation of the number of skaters.	
Tots 3 en Mini 9 + 2	09.30 - 10.15 h	Tots & Mini	All
	10.15 - 11.15 h	Espoir	All
	11.15 - 12.15 h	Cadet	All
Lunch break	12.15 - 12.45 h		
	12.45 - 13.45 h	Youth	All
	13.45 - 14.45 h	Junior	All
	14.45 - 15.45 h	Senior	All
	Clean floor		
TRAINING Figures			
Drawing starting foot figures	15.15 h		
Mini 1 + Espoir 8 + Cadet 6	16.00 - 16.45 h	Mini, Espoir & Cadet	All
Youth 2 + Junior 5 (4+1) + Senior 5 (4+1)	16.45 - 17.30 h	Youth, Junior & Senior	All
	Clean floor		
COMPETITION FIGURE SKATING			
	MINI girls, ESPOIR Ladies & boys	18.00 - 19.30 h	2x warming up 2+5 min 3 fig. 3e is loupe + break prepair skates for loops
	CADET ladies & men, YOUTH ladies	19.30 - 21.35 h	2x warming up 2+5 min – 4 fig. 3e loupe + break prepair skates for loops

SATURDAY 6 APRIL 2019			
COMPETITION FIGURE SKATING JUNIOR & SENIOR			
	JUNIOR ladies & men and SENIOR ladies & men	09.00 – 10.35 h	2x warming up 2+5 min – 3 fig. 2e loop + break prepar skates for loops
OPENING CEREMONY Following MEDAL PRESENTATION		+/- 10.45 h	All participants Figures Mini - Senior
COMPETITION FREE SKATING - LONG PROGRAM - TOTS - MINI			
	TOTS girls	11.30 - 11.50 h	Warming up 4,5 min
	MINI girls & boys	11.50 – 12.45 h	Warming up 4,5 min – 2 groups
Lunch break	12.45 – 13.45 h		
COMPETITION FREE SKATING - SHORT PROGRAM - ESPOIR - CADET - YOUTH - JUNIOR - SENIOR			
	ESPOIR girls & boys is 2.00 u	13.45 - 15.45 h	Warming up 4,30 min - 2 groups girls and 1 group boys
	CADET ladies & men	15.45 - 17.30 h	Warming up 4,30 min - 3 groups ladies and 1 men
Diner break	18.35 - 19.15 h		
	YOUTH ladies	17.30 – 17.50 h	Warming up 4,30 min - 1 group
	JUNIOR ladies	17.50 – 18.45 h	Warming up 4,45 min - 2 groups
	SENIOR ladies & men	18.45 – 19.45 h	Warming up 4,45 min - 2 group ladies and 1 men
Drawing Long Program	Espoir - Senior	+/- 20.00 h	

SUNDAY 7 APRIL 2019			
COMPETITION FREE SKATING - LONG PROGRAM - ESPOIR - YOUTH - JUNIOR - SENIOR			
	ESPOIR girls & boys	9.30 – 11.05 h	Warming up 5,00 min - 3 groups girls and 1 group boys
	CADET ladies & men	11.05 - 12.20 h	Warming up 5,30 min - 3 groups girls and 1 men
Lunch break	12.20 – 13.00 h		
	YOUTH ladies & men	13.00 - 13.25 h	Warming up 6 min - 1 group
	JUNIOR ladies	13.25 - 14.40 h	Warming up 6,30 min - 2 groups
	SENIOR ladies & men	14.40 – 15.55 h	Warming up 6,30 min - 1 group ladies and 1 group men
MEDAL PRESENTATION following CLOSING CEREMONY		+/- 16.15 h 16.15 u	Tots - Senior Free skating ALL participants